### Daily Programs

- **After Fajr:** Daily Duas
- **After Isha:** Hadith Reflections (Mondays through Thursdays)
- **Seerah Program for Sisters:** Thursdays after Isha led by Hafizah Amina Sayeed *(no class 1/2)*
- **Fasting on Mondays, Thursdays and White Days (13th - 15th of Islamic month): Dates and Water Provided**

### Bimonthly Intensive

Saturday, February 8th, Dhuhr to Isha (with optional overnight stay for brothers on Friday and Saturday nights):

"The Sunnah of Wellness" by Shaykh Ashhar Ali and Shaykh Husain A. Sattar

For details and to register, visit: [http://www.sacredlearning.org/retreats](http://www.sacredlearning.org/retreats)