

Umrah

Umrah - Two Major Acts

- Tawaf (fard)
 - Involves circling the Kabah 7 times
- Sae'e (wajib)
 - Refers to moving between safa and marwah seven times
- BOTH DONE IN A STATE OF IHRAM

Tawaf

Appendix B

Introduction

- Literally, to circle around
- Legally, to circle around kabah seven times with an intention
- Spiritually is the lover circling the home of the Beloved

Types of Tawaf

- Several types exist; all performed in a similar way

Step One: Wudu

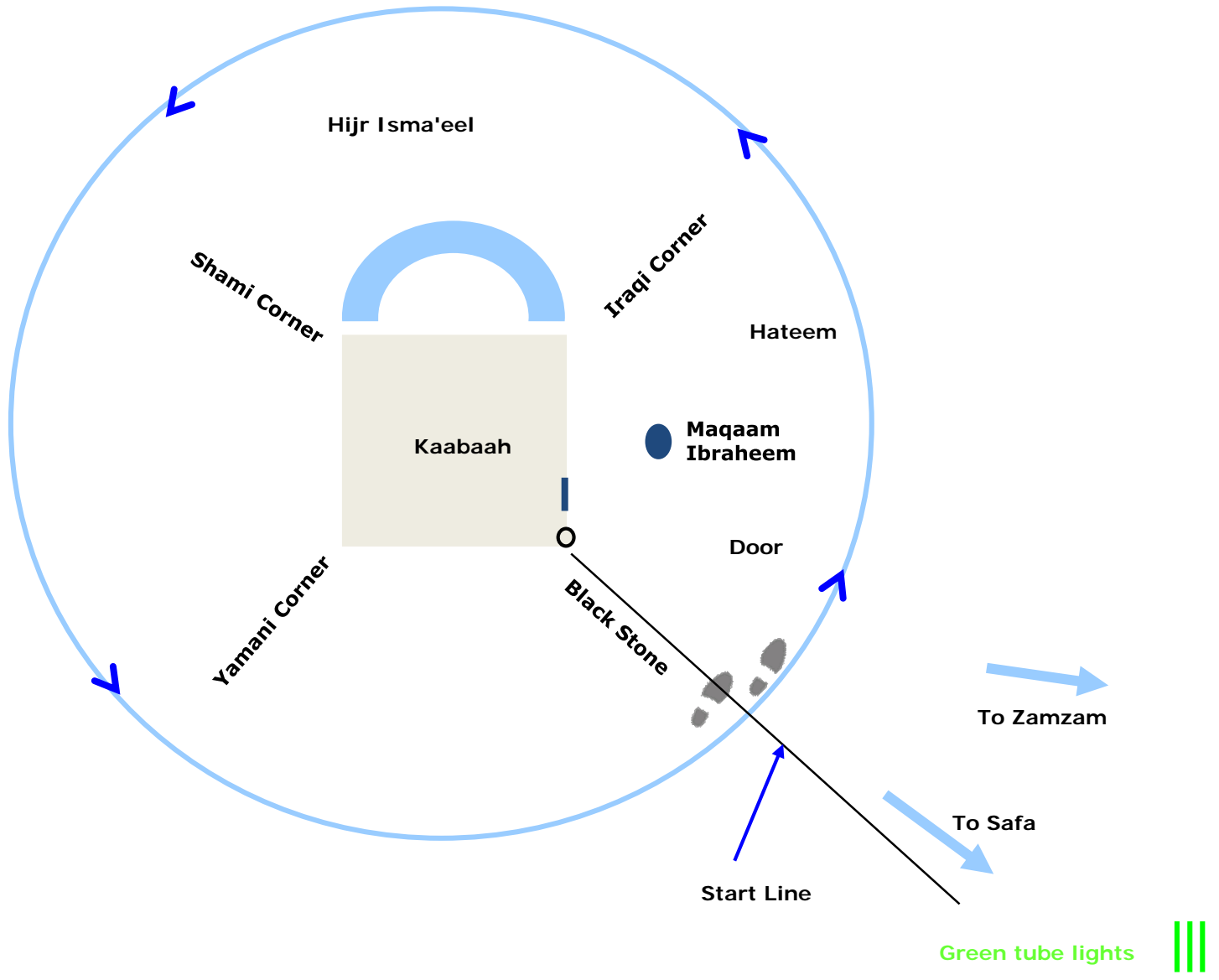
- Required for tawaf
 - Ensure a state of wudu before you enter the masjid

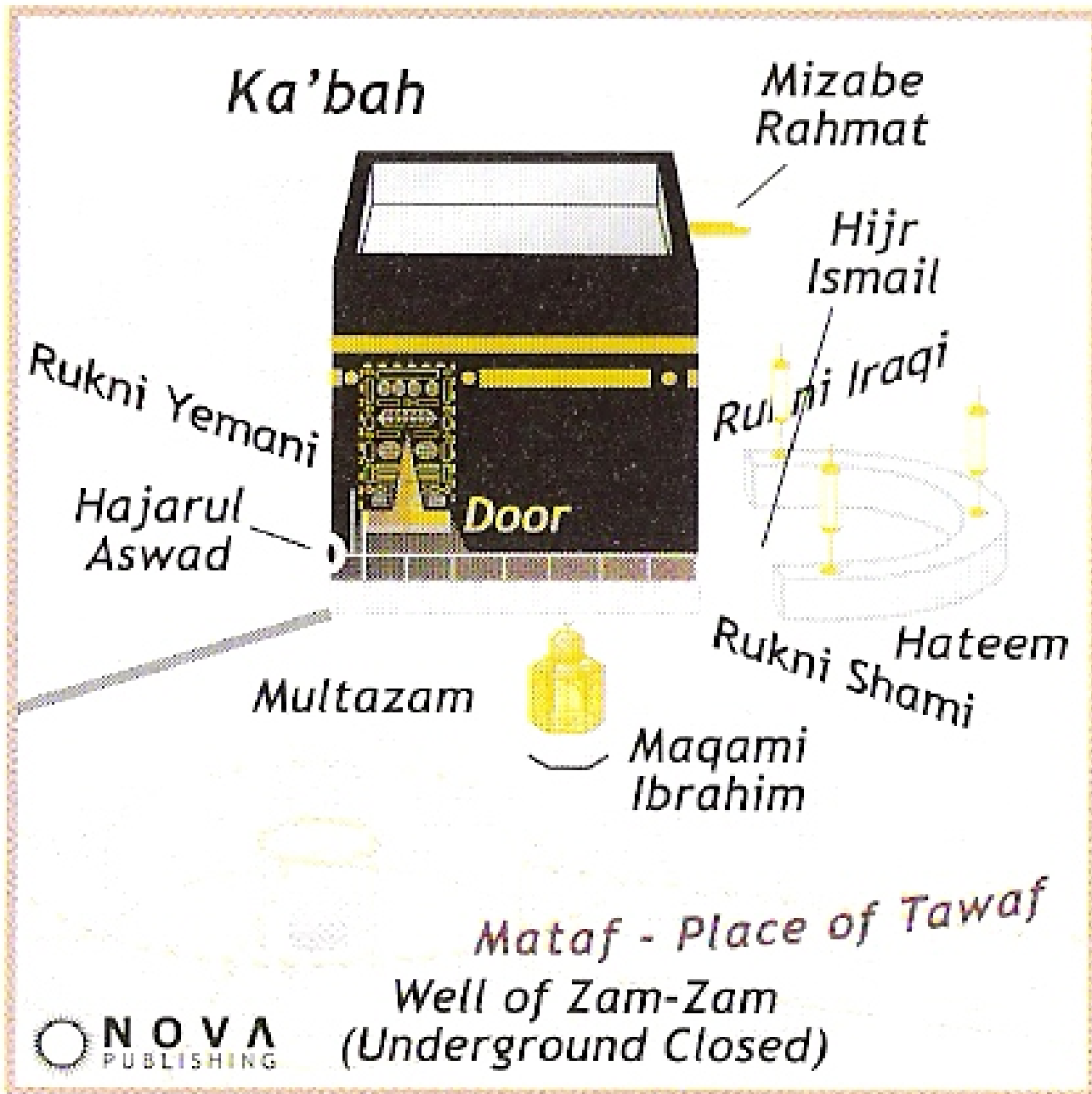
Step Two: Locating the Starting Point

- Locate Hajar al-aswad
 - Opposes corner with one minaret (vs. two for other corners)
 - Opposite green light
- Tawaf begins at imaginary line between hajar ul-aswad and green light



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Step Three: Idtiba and Ramal

- Make idtiba by exposing right arm (men)
 - Done only when saee is to follow
 - Sunnah; tawaf still occurs if forget
 - Do before reaching starting point
- Ramal is performed whenever idtiba is performed
 - Walking upright in a light jogging motion
 - Done during the first three rounds

Step Four: Intention

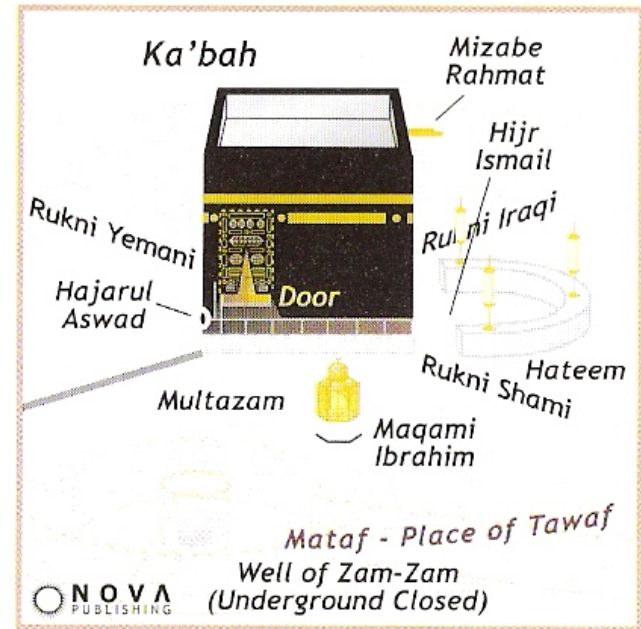
- Select a location a few steps before the start line
 - Imaginary line of hajarul-aswad is to your right
- Stand facing the kabah
- Make niyah for tawaf
 - Better to specify type, but not necessary
- Raise hands as if making takbir and say
 - Bismillahi allahu akbar walillahil hamd

Step 5: Istilam

- Align yourself so that left arm is in line with corner (i.e., so that body is facing direction of flow)
- Turn chest and face towards kabah with feet planted forward
- With arms outstretched and palms facing black stone recite “bismillahi allahu akbar”
- Then kiss palms and lower to side

Step Six: Circling the Kabah

- Circle the kabah in the direction of flow
- Make dhikr, recite Quran, recite kalimah while making tawaf
 - No established prayers
 - No talbiyah
 - However have a plan

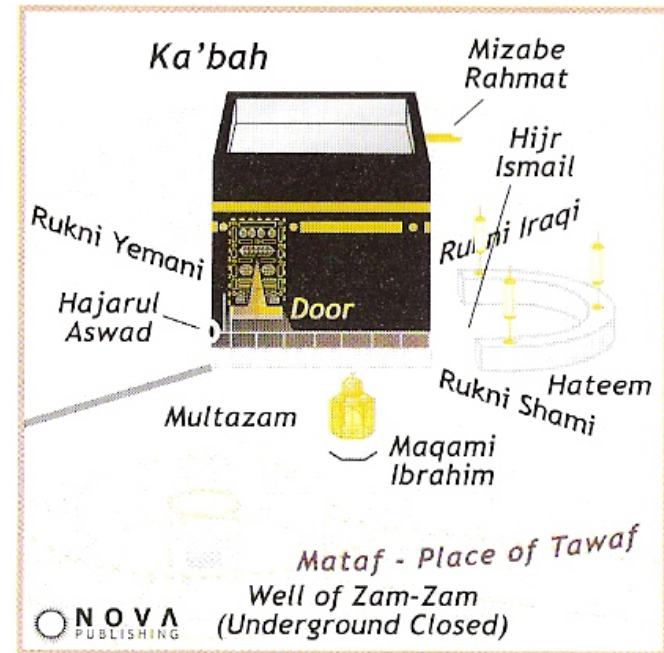


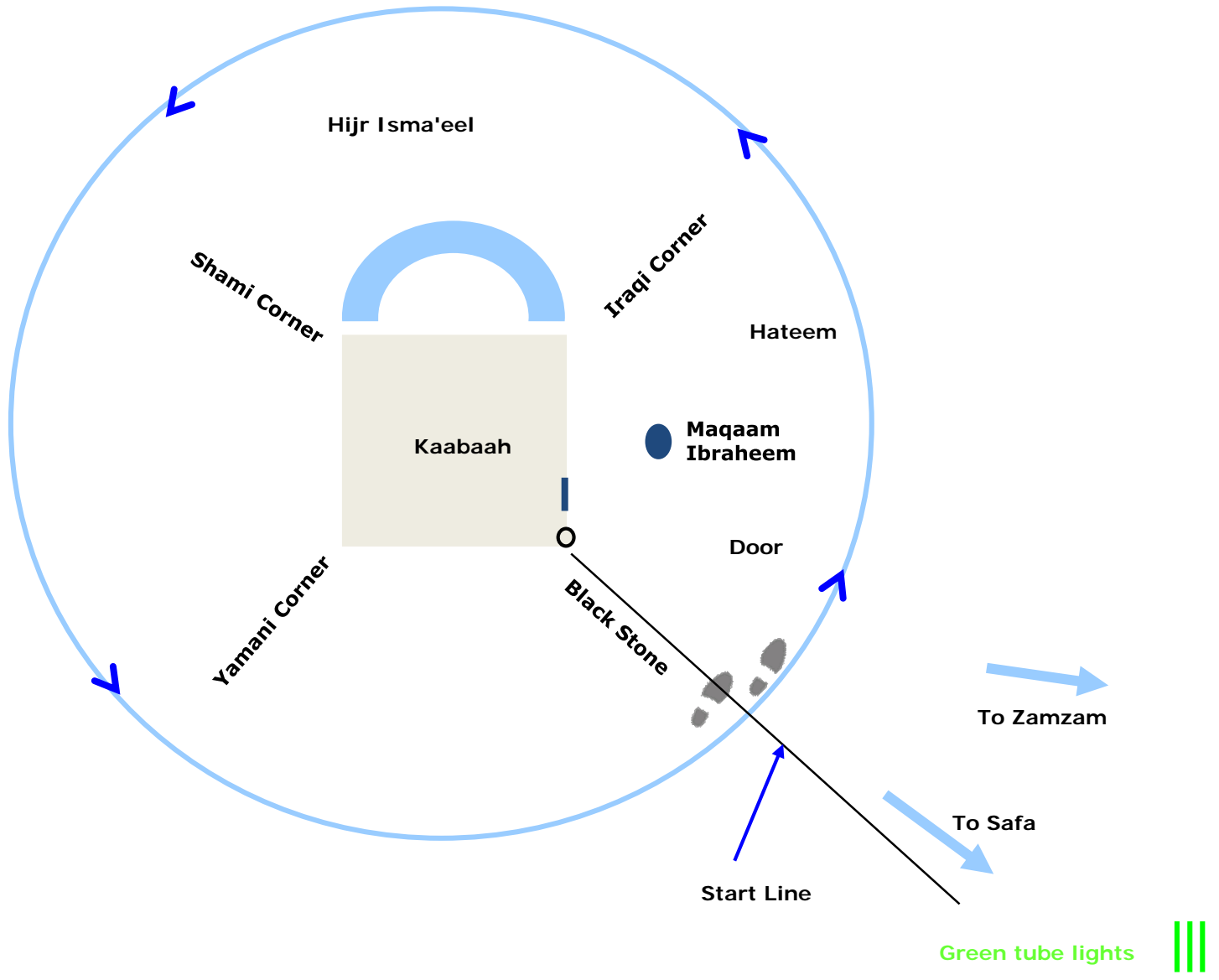
Spiritual Dimension

- Proclaim the pilgrimage among men...so that they may witness the benefit provided for them (22:27)
- House described as ‘full of blessings and of guidance for the entire world’ (3:96)
- ‘Whoever enters it attains security’ (3:97)
- ‘And complete Hajj and Umrah for Allah’

Step Seven: Passing rukun yamani

- As you pass this corner touch with right hand or both palms
- If distant from corner do not raise or kiss hands
- Sunnah to recite rabana after passing corner until reaching haraj ul-aswad



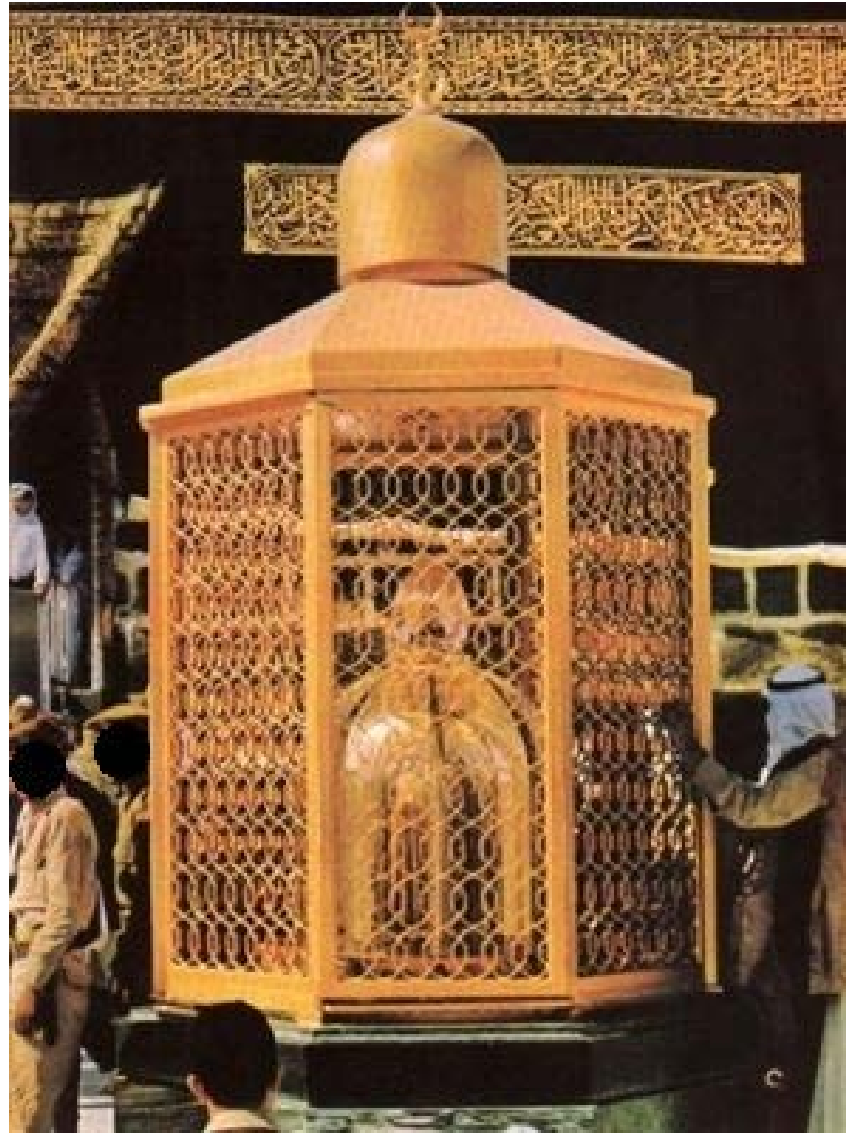


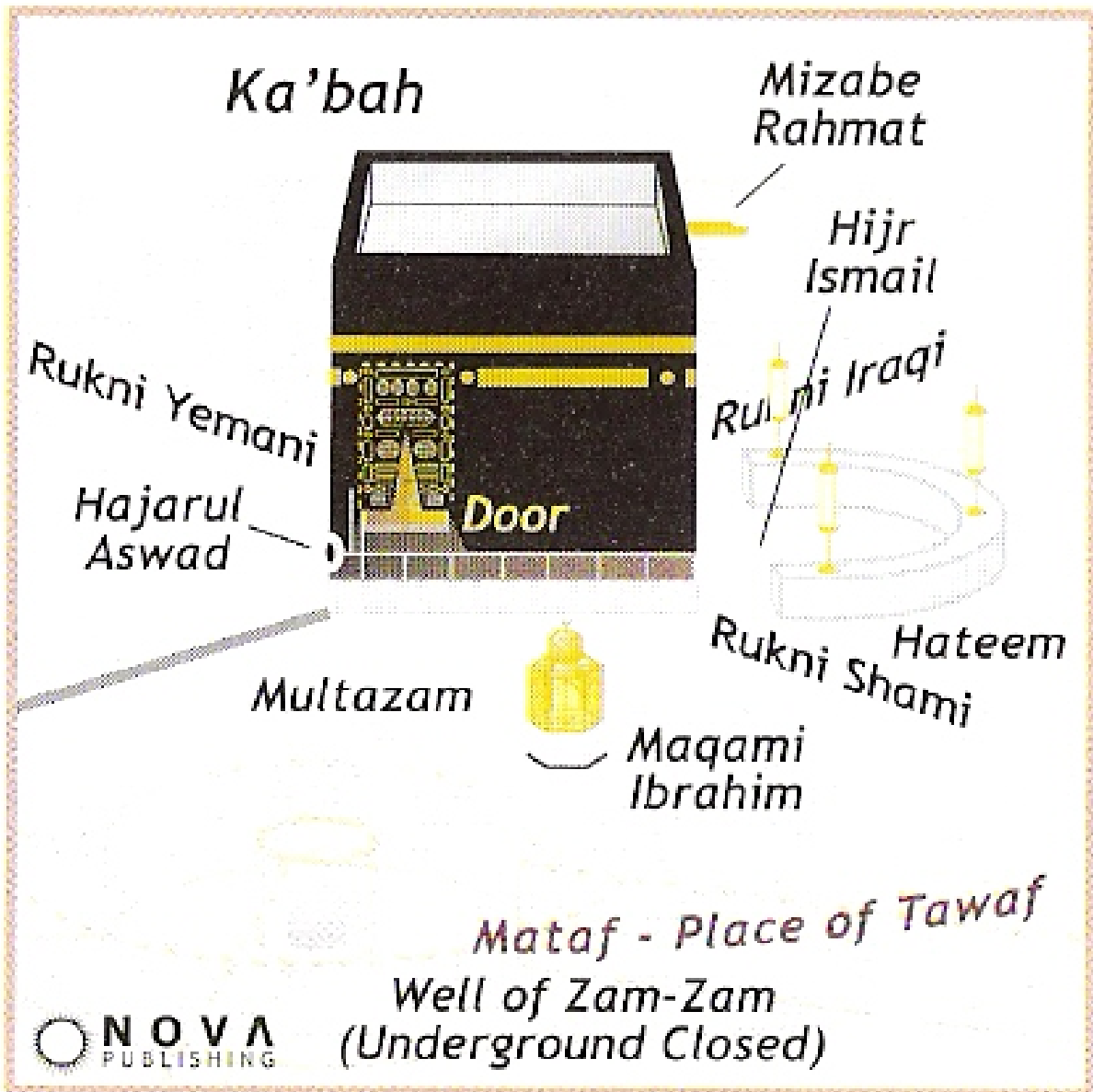
Step Eight & Nine: Completing Rounds

- With each circuit make istilam at hajarul aswad by reciting bismillahi allahu akbar
- Make seven rounds total and complete seventh round with istilam
- After tawaf idtibaa ends

Step Ten: Salah at Maqam Ibrahim

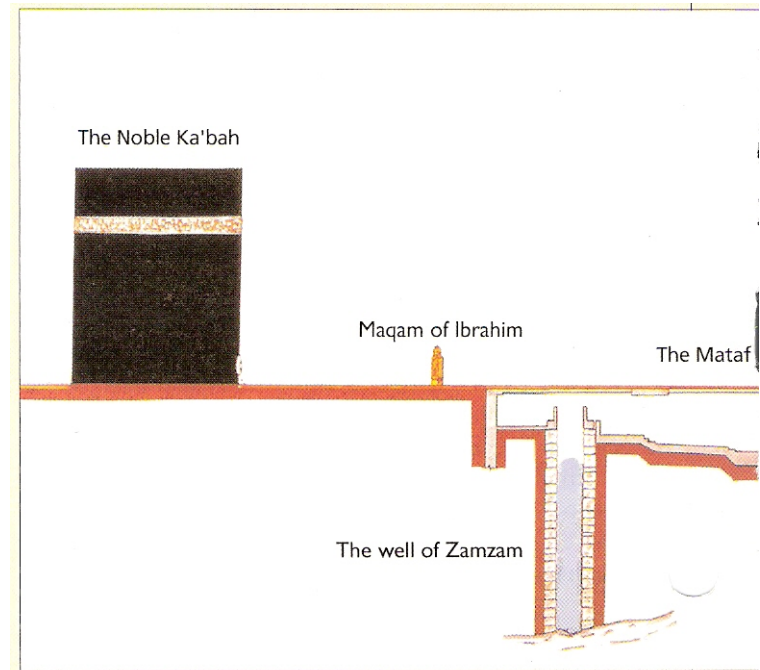
- Two rakah, wajib
- If no space then can perform anywhere in the masjid
 - Don't block mataf
- Should not be offered during makruh or haram times
 - Offer after fard of next salah
- Sunnah to recite Qul ya ayyuhal kafirun in 1st and Qul huwallah ahah in 2nd





Step Eleven: Zamzam

- Taps located on wall opposite Maqam Ibrahim
- Face direction of kabah and drink as much as possible
 - Regular sunnahs apply (e.g. bismillah, right hand)
 - Standing is sunnah
- Also wipe small amount of water over the body



Zamzam

- Make dua at this location (Ibn Abbas used to say):

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا
وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ

Spiritual Dimension

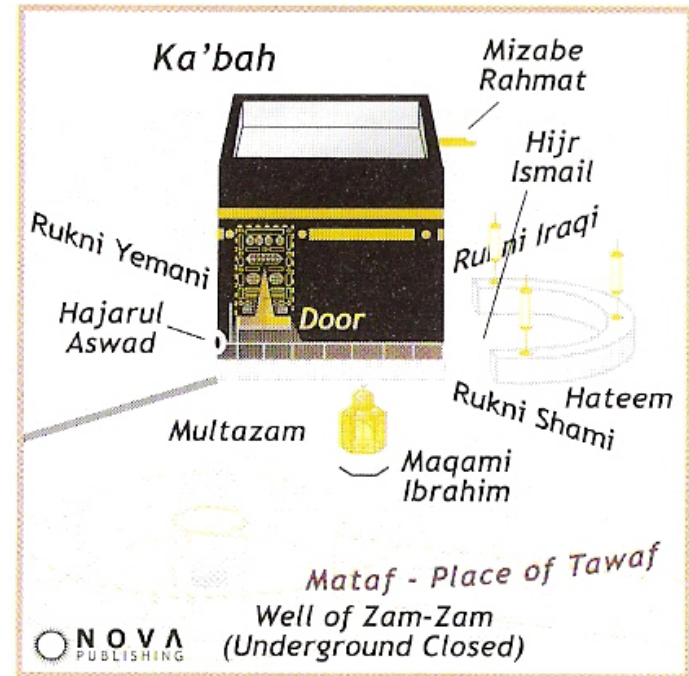
- Prophet (saw) said that zamzam is, whatever is intended.

Tawaf AP - 1

- All seven rounds should be done consecutively in a state of wudu
 - If breaks before 4 then must start over
 - If breaks after 4 then can resume at last complete round that you completed

Tawaf AP – 2,3,4

- Okay to perform tawaf on 2nd and 3rd floors
- If confused about the number of rounds then go with the certain number
- Do not enter hatim
 - If cross through then must repeat round



Tawaf AP – 5,6,7

- If drop something do not bend down to pick it up
- Body must face direction of flow
 - If chest or back faces kabah then must retrace steps or, if not possible, repeat round
- Join congregational prayer when arises; tawaf usually resumes immediately after the fard prayer

Tawaf AP – 8,9,10

- Husband or wife should not hold hands or touch physically
 - Cloth or fabric okay
- Perform tawaf on your own strength
 - Wheel chairs are available
- Turn off cell phones

Sa'ee

Appendix C

Two Major Acts

- Tawaf (fard) followed by salah at maqam Ibrahim
 - Involves circling the Kabah 7 times
- Sae'e (wajib)
 - Refers to moving between safa and marwah seven times
- BOTH DONE IN A STATE OF IHRAM

Sa'ee - Basics

- Sa'ee literally means to run
- Legally refers to going between safa and marwah 7 times
 - Not an independent act of worship

Istilam

- Mustahabb to face direction of Hajar Aswad and perform istilam once again (making a total of 9) before saee
 - Done from afar

Approaching Safa

- Proceed to safā (in the direction of the green light on the wall), but toward the back of the masjid
- When heading in this direction recite:

أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ
شَعَائِرِ اللَّهِ



Intention

- Climb safa slightly
- Make intention for sa'ee
 - Allahumma inni uridus sa'ya baynas safa wal marwata sab'ata ashwat lillahi 'azza wajalla, fa yassirhu li wa ta qaballalhu mini

Initial Dhikr

- Facing kabah raise both hands to shoulders, as if making dua, and say
 - AllahuAkbar, la ilaha illallah three times
 - Salawat
 - Make dua (for a few minutes)
 - Zamzam in barren land
 - Fervor of Hazrat Umar (RA)