Umrah
Umrah - Two Major Acts

• Tawaf (fard)
  – Involves circling the Kabah 7 times

• Saee (wajib)
  – Refers to moving between safah and marwah seven times

• BOTH DONE IN A STATE OF IHRAM
Tawaf

Appendix B
Introduction

• Literally, to circle around
• Legally, to circle around kabah seven times with an intention
• Spiritually is the lover circling the home of the Beloved
Types of Tawaf

• Several types exist; all performed in a similar way
Step One: Wudu

• Required for tawaf
  – Ensure a state of wudu before you enter the masjid
Step Two: Locating the Starting Point

• Locate Hajar al-aswad
  – Opposes corner with one minaret (vs. two for other corners)
  – Opposite green light

• Tawaf begins at imaginary line between hajar ul-aswad and green light
Step Three: Idtabaa and Ramal

• Make idtibaa by exposing right arm (men)
  – Done only when saee is to follow
  – Sunnah; tawaf still occurs if forget
  – Do before reaching starting point

• Ramal is performed whenever idtibaa is performed
  – Walking upright in a light jogging motion
  – Done during the first three rounds
Step Four: Intention

• Select a location a few steps before the start line
  – Imaginary line of hajarul-aswad is to your right
• Stand facing the kabah
• Make niyah for tawaf
  – Better to specify type, but not necessary
• Raise hands as if making takbir and say
  – Bismillahi allahu akbar walillahil hamd
Step 5: Istilam

• Align yourself so that left arm is in line with corner (i.e., so that body is facing direction of flow)
• Turn chest and face towards kabah with feet planted forward
• With arms outstretched and palms facing black stone recite “bismillahi allahu akbar”
• Then kiss palms and lower to side
Step Six: Circling the Kabah

- Circle the kabah in the direction of flow
- Make dhikr, recite Quran, recite kalimah while making tawaf
  - No established prayers
  - No talbiyah
  - However have a plan
Spiritual Dimension

• Proclaim the pilgrimage among men...so that they may witness the benefit provided for them (22:27)

• House described as ‘full of blessings and of guidance for the entire world’ (3:96)

• ‘Whoever enters it attains security’ (3:97)

• ‘And complete Hajj and Umrah for Allah’
Step Seven: Passing rukun yamani

• As you pass this corner touch with right hand or both palms

• If distant from corner do not raise or kiss hands

• Sunnah to recite raba’ina after passing corner until reaching haraj ul-aswad
Step Eight & Nine: Completing Rounds

• With each circuit make istilam at hajarul aswad by reciting bismillahi allahu akbar
• Make seven rounds total and complete seventh round with istilam
• After tawaf idtibaa ends
Step Ten: Salah at Maqam Ibrahib

- Two rakah, wajib
- If no space then can perform anywhere in the masjid
  - Don’t block mataf
- Should not be offered during makruh or haram times
  - Offer after fard of next salah
- Sunnah to recite Qul ya ayyuhal kafirun in 1st and Qul huwallah ahah in 2nd
Ka'bah

Mizabe Rahmat

Hijr Ismail

Rukni Iraqi

Rukni Shami

Hateem

Multazam

Maqami Ibrahim

Mataf - Place of Tawaf

Well of Zam-Zam

(Underground Closed)
Step Eleven: Zamzam

• Taps located on wall opposite Maqam Ibrahim

• Face direction of kabah and drink as much as possible
  – Regular sunnahs apply (e.g. bismillah, right hand)
  – Standing is sunnah

• Also wipe small amount of water over the body
Zamzam

• Make dua at this location (Ibn Abbas used to say):

`اللَّهُمَّ إِنِّي أَسْتَلْكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا وَشِفَاءٍ مِنْ كُلِّ دَاءٍ`
Spiritual Dimension

• Prophet (saw) said that zamzam is, whatever is intended.
Tawaf AP - 1

- All seven rounds should be done consecutively in a state of wudu
  - If breaks before 4 then must start over
  - If breaks after 4 then can resume at last complete round that you completed
Tawaf AP – 2,3,4

• Okay to perform tawaf on 2nd and 3rd floors
• If confused about the number of rounds then go with the certain number
• Do not enter hatim
  – If cross through then must repeat round
Tawaf AP – 5,6,7

• If drop something do not bend down to pick it up

• Body must face direction of flow
  – If chest or back faces kabah then must retrace steps or, if not possible, repeat round

• Join congregational prayer when arises; tawaf usually resumes immediately after the fard prayer
Tawaf AP – 8,9,10

• Husband or wife should not hold hands or touch physically
  – Cloth or fabric okay
• Perform tawaf on your own strength
  – Wheel chairs are available
• Turn off cell phones
Sa’ee

Appendix C
Two Major Acts

• Tawaf (fard) followed by salah at maqam Ibrahim
  – Involves circling the Kabah 7 times

• Saee (wajib)
  – Refers to moving between safah and marwah seven times

• BOTH DONE IN A STATE OF IHRAM
Sa’ee - Basics

• Sa’ee literally means to run
• Legally refers to going between safah and marwah 7 times
  – Not an independent act of worship
Istilam

- Mustahabb to face direction of Hajar Aswad and perform istilam once again (making a total of 9) before saee
  - Done from afar
Approaching Safa

• Proceed to safa (in the direction of the green light on the wall), but toward the back of the masjid

• When heading in this direction recite:

أَبْدَأْ بِمَا بَدَأَ الَّذِي بِهِ إِنَّ الْصَّفَا وَالْمَرْوَةَ مِنْ شَعَائرِ اللَّهِ
Intention

• Climb safaa slightly
• Make intention for sa’ee
  – Allahumma inni uridus sa’ya baynas safaa wal marwata sab’ata ashwat lillahi ‘azza wajalla, fa yassirhu li wa ta qaballalhu mini
Initial Dhikr

• Facing kabah raise both hands to shoulders, as if making dua, and say
  – AllahuAkbar, la ilaha illallah three times
  – Salawat
  – Make dua (for a few minutes)
    • Zamzam in barren land
    • Fervor of Hazrat Umar (RA)